

Zumba Kids®



Zumba Kids® classes are high-energy fitness-parties that offer real results. Packed with specially choreographed routines and the latest music - like hip-hop and reggaeton - Zumba Kids® classes increase focus and self-confidence, boost metabolism and improve coordination. More than just a great way to stay active and healthy, Zumba Kids® classes offer a welcoming and upbeat atmosphere for kids.

Instructor: Jacque Allen

Age:
4-12 years

Course Fee:
Single Class \$5

Wednesdays
6:00-6:45pm

Saturdays
11:30am-12:15pm